



Outings

Learn more about your environment...
take a Sierra Club educational hike!

GROUP OUTINGS COORDINATORS

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Hudson-Meadowlands: Vacant
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Chapter Outings: Steve Ember 732-926-8964 (H)
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Outing Leaders: Please send October-December write-ups to your Group Outings Coordinator before July 31. If you are planning to lead an outing close to the beginning of one of our quarterly publication periods, please submit it for the previous Sierran, due to the occasional lag in mailing. Also, please send outing rosters or sign-up sheets to the Chapter Office as soon as possible after each outing.

Note: If possible, leaders should send their trip descriptions to the Group Outings Coordinator instead of directly to the Chapter Outings Coordinator. This is particularly important for occasional leaders.

Group Outings Coordinators: Please submit your October-December trip write-ups by August 5.

NOTES ON OUTINGS: All Outings are open to Club members, guests and anyone interested in outings. Unless otherwise specified, the events are free and open to the public. ALL participants must sign liability waivers on ALL outings sponsored by Sierra Club. This is a new policy. Please check with the leader before bringing small children on an outing. A parent or other responsible adult must accompany persons under 18. At their discretion, leaders may permit pets on outings if the event description specifically includes bringing pets.

Sierra Club outings are arranged by volunteer leaders who are in charge of the trip and responsible for the safety, welfare and enjoyment of all participants. Leaders determine

qualifications to participate, adequacy of equipment, routes to be followed, and special precautions to be taken. Please arrive adequately prepared and equipped. If you have any allergies, please remember to bring your medication. The leader has the final word in the conduct of the trip. Your cooperation will help assure a safe and pleasant outing.

Please arrive early at the meeting place so that the outing can start on time. For day hikes, lunch, water (at least a liter), extra clothing, rain gear, and emergency equipment should be carried in a small daypack. For all except easy hikes, sturdy over-the-ankle shoes or boots should be worn. For most trips, you are expected to have your own equipment. In some cases, it may be rented from outdoor/camping suppliers - check the yellow pages or call the trip leader. If the weather is questionable on the date of the outing, you may assume that it will take place, unless the schedule indicates otherwise.

Unless registration is required, such as for weekend trips or river tours, or if you have a question about the outing, it is not necessary to contact the leader before the trip. Do not call to join a trip after the posted deadline date. When phoning a leader, please honor his or her requested calling times and call 3 to 5 days before the outing. Please include a self-addressed, stamped envelope (SASE) when writing to a leader. On popular trips, Sierra Club members will be given preference.

Watercraft trips let you experience the unspoiled parts of our region, but water safety does impose special requirements. The size and skill of each party must be appropriate to each river, so participation in each trip must be at the discretion of the leader. We ask you to register at least one week in advance. Unless a phone number is provided, please send a SASE with an honest assessment of your paddling experience, whether you need or can offer a ride, your phone number, and any questions you may have. You will receive a description of the trip, with directions, where you can rent a canoe, and what you will need to bring. Almost all trip leaders can arrange for partners to share a canoe if you will be coming by yourself. Unless stated otherwise: rental canoes are available, trips do not require advanced paddling skill or exceptional physical conditioning, public transportation is not available, non-members may participate, and responsible smokers are welcome.

If you are a Sierra Club member interested in becoming an Outing Leader or have suggestions for new outings, contact your Group Outings Chair or the Chapter Outings Chair for assistance and further information. The Sierra Group contributing each outing is given at the end of the write-up, as follows:

(C) Central Jersey	(JS) - Jersey Shore
(L) - Loantaka	(N) - North Jersey
(NW) - Northwest Jersey	(S) - South Jersey
(W) - West Jersey	(NJ) - NJ Chapter
(H) - Hudson	(RV) - Raritan Valley
(IC) - Inner City Outings	(RT) - River Touring
(E) - Essex County	(ACOC) - Atlantic Chapter Outings Comm.

JUL 19 (Sat) Social Hike in Pequest Trout Hatchery & Wildlife Management Area. We will hike about 4 miles of mostly flat terrain at a leisurely pace. Highlights include the hatchery, trout raceways and views of the Allamuchy Mountains. Pequest is a one-of-a-kind experience, set in lovely Warren County. Hiking shoes are preferred and participants should be in good condition. Bring lunch or snack, 2 quarts of water. Meet before 10:30 AM at the Car parking lot of Pequest. Take Exit 19 on Route 80. Drive toward Hackettstown on Route 517 south for about 4.5 miles. Turn right onto Route 46 west & proceed about 9 miles. See entrance for Pequest at left & follow road about a 1/2 mile. Go to Car parking lot on right. Rain cancels. Leader: Joyce White at (908) 272-4478 or joyce00201@yahoo.com (L)

JUL 19 (Sat) Minnewaska State Park. 6-7 hour hike at a moderate pace in Minnewaska State Park. We'll walk a combination of carriage roads and trails from Minnewaska to Lake Awosting and back. Great views and some early blueberries may be available to much on as we walk. Lunch stop and optional swim at Lake Awosting. Optional dinner stop in New Paltz. Hikers must pre-register. Group limited to 10 people. Ride sharing will be arranged if requested. Bring hiking boots, lunch, snacks and plenty of water. Leader: Ellen Blumenkrantz, eblumenkrantz@hotmail.com, 201-784-8417 (N)

JUL 20 (Sun) Harriman State Park. 6-7 hour hike (about 10-12 miles) at a moderate pace in northern Harriman State Park. A combination of ridge and wood trails, with a loop around Island Pond and a nearby marsh, usually filled with redbird blackbirds. Hikers must pre-register. Group limited to 10 people. Bring hiking boots, lunch, snacks and plenty of water. 9:30 AM start. Leader: Ellen Blumenkrantz, eblumenkrantz@hotmail.com, 201-784-8417 (N)

JUL 20 (Sun) Social Hike/Swim at Catfish Pond. We will hike about five miles at a moderate pace. Optional routes are available for those who prefer to hike more. Join us for the summer sun, fun and frolic on the relatively pristine Kittatinny Ridge. SWIMSUITS and hiking boots are recommended and participants should be in good condition. Meet BEFORE 9:30 AM in Blairstown. Take Route 80 West to Exit 4 for Blairstown. Drive north on Route 94 for 6.5 miles until reaching a shopping center on your left. Rain cancels. Leader: Steve Ember, sehiker@yahoo.com (RV)

JUL 20 (Sun) Singles Kayak Trip. We do Crosswicks Creek as we go out with the tide and return with the tide, easy paddle! Meet by 9 AM at Paint Island Canoe Rental, 350 Farnsworth Ave. Bordentown, NJ. Call leader to reserve boat. NP/NC. Bring picnic type food to share at tailgate social after trip. Call leader for carpool info. Leader: Paul Serdiuk 856-697-3870 eve. pis1@cccnj.net (W)

JUL 26-27 (Sat-Sun) Singles Whitewater Rafting Part II. We will raft the Lower Youghiogheny River in PA on Saturday, optional hike or bike through the beautiful Laurel Highlands forest on Sunday. Stay in campground, hotel, or B&B, individual option, call leader for info. We will carpool/caravan on Friday or meet at outfitters by 9 AM, leader will coordinate. Space is limited; call leader for reservation NLT July 1. Enjoy this classic river ride. Leader: Paul Serdiuk 856-697-3870 eve. pis1@cccnj.net (W)

AUGUST

AUG 1-11 (Fri-Mon) Costa Rica Adventure. Hiking, rafting and wildlife in central Costa Rica and Tortuguero Canals (giant sea turtle nesting site). \$1350 per person/double occupancy includes everything but airfare. Women only trip. Direct non-stop flights available from Newark and JFK. Details at www.angelfire.com/trek/forfun. Leader: Ellen Blumenkrantz, eblumenkrantz@hotmail.com, 201-784-8417 (N)

AUG 3 (Sun) Singles Bike Ride. Class D ride. 20 miles with stops. We will ride the D&R Canal tow path from Bull's Island to Frenchtown. Bring picnic type food to share at tailgate social after ride. Meet by 9 AM at Bull's Island SP; second parking lot near pedestrian bridge, on Route 29, 3 miles North of Stockton. Call leader for carpooling info. Leader: Paul Serdiuk 856-697-3870 eve. pis1@cccnj.net (W)

AUG 8 (Fri) Singles Moonlight Kayak Trip. Paddle the Mullica River with a dinner stop at a local restaurant. Some experience required. Limited space, call leader to reserve space. Meet by 6 PM at Bel Haven Canoe Rentals, on Route 543, 12 miles east of Hammonton, Atl. Co. Bring flashlight and whistle. Leader: Paul Serdiuk 856-697-3870 eve. pis1@cccnj.net (W)

AUG 9 (Sat) Full Moon Hike/Swim at Blue Mountain Lakes. See July 12 for details. Rain cancels. Leader: Steve Ember, sehiker@yahoo.com (RV)

AUG 9 (Sat) Picnic and Outdoor Theatre Show, Washington Crossing State Park. Picnic begins at 5 PM, box office opens at 6 PM, curtain time is 8 PM. Please bring your own picnic food and supplies and a dish to share, and a cushion for the show. The Open Air Theatre show is "Oliver" performed by the Yardley Players. Theatre ticket prices are \$10 for adults, \$5 for children under 12. Group rate for 15 or more is \$8. Please contact Harold Rapp (609-671-0435 or hrapp@aol.com) by Aug. 2 to guarantee your reservation in order to obtain group rate, and arrange for payment. The park entrance is on Pennington-Washington Crossing Road slightly east of Rt. 29. Upon entering the park proceed to the Knox Grove picnic area. Check the Central Jersey Group website for a map. (C)

AUG 9 (Sat) Recycle a House - Volunteer Activity. We will help Habitat for Humanity rebuild a row home. This is a way to give back to the community and create a positive image for the club. Bring lunch, water and boots. Meet 8 AM at the rear parking lot at the Hilton Hotel, Rt. 70, Cherry Hill. Leader: Tom J., 856-234-9369. Call in advance if possible so we know how many to expect. (W)

AUG 9 (Sat) Singles Moonlight Hike. 6 miles. Moderate pace. Hike dirt roads lit by moonlight in the Pines. Bring swim wear, chair or blanket. Bring snack type food to share at tailgate social after hike. NP/NC. Meet by 7:30 PM at Lake Oswego parking lot on Lake Oswego Road. Off Route 563, 8 miles S. of Chatsworth, Burl. Co. Leader: Paul Serdiuk 856-697-3870 eve. pis1@cccnj.net (W)

AUG 10 (Sun) Hartshorne Woods Hike, Monmouth County (Special Interest: Recent History). Moderate 6 mile hike has elevation gains and lots of scenery. Please bring a drink and a snack. Hiking shoes are suggested. Meet at 9 AM at the Rocky Point parking area. Take GSP to exit 117 for Rt. 36 toward Sandy Hook. Proceed on Rt. 36 approx. 10 miles to Miller Street. At top of hill make a left. Then, make the first right. The parking area is straight ahead. Bad weather, includes high index, cancels. Confirmation/questions please call. Leader: Mike Verange, 908-902-0718, or mjverange@aol.com (JS)

AUG 16 (Sat) Social Hike in Princeton Battlefield State Park. We will hike about 4 easy miles of level terrain at a moderate pace. Highlights include revolutionary war era paths & monuments and suspension bridge. Hiking shoes are preferred and participants should be in good condition. Bring lunch or snack & 2 quarts of water. Meet before 10:30 AM at the Princeton Battlefield State Park parking lot at 500 Mercer Road. Take Route 27 south which becomes Nassau Street as you approach downtown Princeton. Make left onto Mercer Street which becomes Mercer Road (Princeton Pike). See Princeton Battlefield sign & park in lot in front of Clarke House. Rain cancels. Leader: Joyce White at (908) 272-4478 or joyce00201@yahoo.com (L)

AUG 16 (Sat) Explore Lambertville and New Hope. Meet 6:00 PM at toll house on Lambertville side of Delaware River Bridge. We'll walk around the two towns for approximately 1.5 hours and then stop at a restaurant for dinner. Moderate pace. May include stops in shops. Approximately 3-4 miles. Rain cancels. Leader: Ken Mayberg, kjmayberg@aol.com or (609) 443-9138 for questions (C)

AUG 16 (Sat) Singles Hike and Meteor Shower. 5-6 miles moderate pace. Short hike and then watch the Perseid Meteor Shower, a solar system spectacular. Bring snack type food to share at tailgate social after hike, blanket or chair to sit on. NP/NC. Meet by 7:30 PM in field behind Atsion Office on Route 206, between Red Lion Circle and Hammonton, Burl. Co. Leader: Paul Serdiuk 856-697-3870 eve. pis1@cccnj.net (W)

AUG 17 (Sun) North of Bear Mountain State Park. 6-7 hour hike (about 10-12 miles) at a moderate pace in a rarely used park 10 minutes north of Bear Mountain State Park. Beautiful woods, a waterfall and lake views. Trailhead parking is very limited. So, we'll carpool from Bear Mountain. Hikers must pre-register. Group limited to 10 people. Bring hiking boots, lunch, snacks and plenty of water. 9:00 AM start. Leader: Ellen Blumenkrantz, eblumenkrantz@hotmail.com, 201-784-8417 (N)

AUG 17 (Sun) Social Hike/Swim at Catfish Pond. See July 20 for details. Rain cancels. Leader: Steve Ember, sehiker@yahoo.com (RV)

AUG 17 (Sun) Singles Tube Float Trip. Repeat of last year's great trip. 4 lazy hours floating down the Delaware River. Bring lunch with you in a small cooler. We will eat on the river or in picnic area. Bring snack to eat on river. NO Alcohol on river! Bring change of clothes for optional tour of New Hope After trip. Call leader to reserve space. Meet by 9:30 AM at Bucks County River Country Outfitters, on Route 413, Point Pleasant, PA. Call leader for carpool info. Leader: Paul Serdiuk 856-697-3870 eve. pis1@cccnj.net (W)

AUG 24 (Sun) Harriman State Park. 6-7 hour hike (about 10-12 miles) at a moderate pace in southern Harriman State Park. Walk along a beautiful stream, past several lakes and along ridges with some great views. Hikers must pre-register. Group limited to 10 people. Bring hiking boots, lunch, snacks and plenty of water. 9:00 AM start. Leader: Ellen Blumenkrantz, eblumenkrantz@hotmail.com, 201-784-8417 (N)

AUG 24 (Sun) Singles Back Bay Kayak or River Trip. Learn some basic paddle strokes as we paddle the back bay area of the Great Egg Harbor Bay. Some paddling experience required. Call leader to reserve space. If not enough interest in the Back Bay trip I will do a river kayak trip, call for details. Meet by 9 AM at Bel Haven Canoe Rentals on Route 542, 12 miles E. of Hammonton, Atl. Co. Bring picnic type food to share at tailgate social after trip. Leader: Paul Serdiuk 856-697-3870 eve. pis1@cccnj.net (W)

SEPTEMBER

SEP 7 (Sun) Social Hike/Swim at Blue Mountain Lakes (Special Interest: Beavers). We will hike about five miles at a moderate pace on the Kittatinny Ridge. Optional routes are available for those who prefer to hike more. Highlights include pretty lakes and evidence of beaver activity (Nature's illustrious engineers). SWIMSUITS, cameras and hiking boots are recommended and participants should be in good condition. Meet BEFORE 10 AM at the Blue Mountain Lakes parking area. Take Exit 12 on Route 80. Drive into Blairstown on Route 521 North. Turn left at the Route 94 junction. Then, turn right at the traffic light (leave Routes 94 and 521). Take County Road 602 for about seven miles to Millbrook (not Stillwater). Turn right at Millbrook Village and go about 1.5 miles to the Grater Lake sign. Turn right and watch for the Blue Mountain Lakes parking area. Rain cancels. Leader: Steve Ember, sehiker@yahoo.com (RV)

SEP 7 (Sun) Brookdale Community College/Thompson Park Hike. Moderate 6.5 mile hike that follows the perimeter of the Swimming River Reservoir. Hiking shoes preferred. Bring a drink and a snack. Take GSP to

(continued on page 8)

When Summer lies upon the world, and in a noon of gold, Beneath the roof of sleeping leaves the dreams of trees unfold; (JRR Tolkien)