



# Outings

Learn more about your environment...  
take a Sierra Club educational hike!

## GROUP OUTINGS COORDINATORS

**Central Jersey:** Ken Mayberg

kmayberg@washington.trenton.k12.nj.us

**Essex County:** David Ogens 973-226-7107 (H)

29 Hatfield Street, Caldwell, NJ 07003

**Hudson-Meadowlands:** Vacant

**Hunterdon:** Vacant

**Jersey Shore:** Mike Verange 908-732-8364 (H)

1497 W Front St, Lincroft, NJ 07738

**Loantaka:** Bob Muska 908-665-2296 (H)

95 Delmore Ave, Berkeley Heights, NJ 07922

**North Jersey:** Ellen Blumenkrantz, eblumenkrantz@hotmail.com, 201-784-8417

**Northwest Jersey:** Joe Pepin 973-252-5137 (H)

4 Cathy Pl., Succasunna, NJ 07876

**Raritan Valley:** Steve Ember, sehiker@yahoo.com, see phone and address below

**South Jersey:** Tom Boghosian 609-272-9005 (H)

3722 Lehigh Ct., Mays Landing, NJ 08330

**West Jersey:** Vacant

**River Touring:** Fred Tocce 908-453-2205 (H)

Rd 1 Box 277, Washington, NJ 07882

**Inner City Outings:** Anne Dyjak 732-560-0953 (H)

NJ-ICO, 17 Mt. Horeb Rd. Warren, NJ 07059

**Chapter Outings:** Steve Ember 732-926-8964 (H)

511 Grandview Street, Middlesex, NJ 08846

**Outing Leaders:** Please send July-September write-ups to your Group Outings Coordinator (NOT to Steve Ember!) before April 30. If you are planning to lead an outing close to the beginning of one of our bimonthly publication periods, please submit it for the previous Sierran, due to the occasional lag in mailing. Also, please send outing rosters or sign-up sheets to the Chapter Office as soon as possible after each outing.

**Group Outings Coordinators:** Please submit your July-September trip write-ups by May 5.

**NOTES ON OUTINGS:** All Outings are open to Club members, guests and anyone interested in outings. Unless otherwise specified, the events are free and open to the public. ALL participants must sign liability waivers on ALL outings sponsored by Sierra Club. This is a new policy. Please check with the leader before bringing small children on an outing. A parent or other responsible adult must accompany persons under 18. At their discretion, leaders may permit pets on outings if the event description specifically includes bringing pets.

Sierra Club outings are arranged by volunteer leaders who are in charge of the trip and responsible for the safety, welfare and enjoyment of all participants. Leaders determine qualifications to participate, adequacy of equipment, routes to be followed, and special precautions to be taken. Please arrive adequately prepared and equipped. If you have any allergies, please remember to bring your medication. The leader has the final word in the conduct of the trip. Your cooperation will help assure a safe and pleasant outing.

Please arrive early at the meeting place so that the outing can start on time. For day hikes, lunch, water (at least a liter), extra clothing, rain gear, and emergency equipment should be carried in a small daypack. For all except easy hikes, sturdy over-the-ankle shoes or boots should be worn. For most trips, you are expected to have your own equipment. In some cases, it may be rented from outdoor/camping suppliers -check the yellow pages or call the trip leader. If the weather is questionable on the date of the outing, you may assume that it will take place, unless the schedule indicates otherwise.

Unless registration is required, such as for weekend trips or river tours, or if you have a question about the outing, it is not necessary to contact the leader before the trip. Do not call to join a trip after the posted deadline date. When phoning a leader, please honor his or her requested calling times and call 3 to 5 days before the outing. Please include a self-addressed, stamped envelope (SASE) when writing to a leader. On popular trips, Sierra Club members will be given preference.

Watercraft trips let you experience the unspoiled parts of our region, but water safety does impose special requirements. The size and skill of each party must be appropriate to each river, so participation in each trip must be at the discretion of the leader. We ask you to register at least one week in advance. Unless a phone number is provided, please send a SASE with an honest assessment of your paddling experience, whether you need or can offer a ride, your phone number, and any questions you may have. You will receive a description of the trip, with directions, where you can rent a canoe, and what you will need to bring. Almost all trip leaders can arrange for partners to share a canoe if you will be coming by yourself. Unless stated otherwise: rental canoes are available, trips do not require advanced paddling skill or exceptional physical conditioning, public transportation is not available, non-members may participate, and responsible smokers are welcome.

If you are a Sierra Club member interested in becoming an Outing Leader or have suggestions for new outings, contact your Group Outings Chair or the Chapter Outings Chair for assistance and further information. The Sierra Group contributing each outing is given at the end of the write-up, as follows:

(C) Central Jersey	(JS) - Jersey Shore
(L) - Loantaka	(N) - North Jersey
(NW) - Northwest Jersey	(S) - South Jersey
(W) - West Jersey	(NJ) - NJ Chapter
(H) - Hudson	(RV) - Raritan Valley
(IC) - Inner City Outings	(RT) - River Touring
(E) - Essex County	(ACOC) - Atlantic Chapter Outings Comm.

## APRIL

**APR 5 (Sat) Cleanup at the old Essex County Environmental Center.** 621 Eagle Rock Ave in Roseland. Take Rte. 280 west to Exit 4B. Turn right at first light on to Eagle Rock Avenue. Look for an old white house on the left with a parking lot in the front, ½ mile west of the intersection of Eisenhower Pkwy and Eagle Rock Ave. Rain cancels. All participants must sign a liability waiver. Work gloves will be provided. Leader: Ron Pate 973-364-7573 option #2 (E)

**APR 5 (Sat) Singles Bike Ride.** Class D moderate pace with frequent stops. Bike through rural countryside of South Jersey past lakes and forests. Meet by 9:30 AM at Park Office. Plan to stay for the star gazing tour that evening. Take Rte. 55 south to Rte. 47 south to Rte. 347 south to Rte. 550 east, then follow signs to park office. Allow for drive time. Leader: Paul Serdiuk 856-697-3870 eve. pis1@cccj.net (W)

**APR 5 (Sat) Singles Hike, Star Gazing and Campfire Belleplain State Park.** 6 miles moderate pace. Late afternoon hike through pine and oak forest ending with a campfire and star gazing of the celestial heavens with the S.J. Astronomy Club. Overnight camping Fri & Sat in heated lean-tos or tents is available. Call leader to reserve space. No children/no pets. Please bring lawn chair/blanket and picnic type food to share for tailgate social after the hike. Meet at park office at 3:00 pm for hike or meet at park office at 6:30 pm for star gazing. Take RT 55 south to Rte. 47 south to Rte. 347 south to Rte. 530 east, then follow signs to park office. Allow for drive time. Leader: Paul Serdiuk 856-697-3870 eve. pis1@cccj.net (W)

**APR 6 (Sun) Singles Hike Cape May Point State Park** 5 miles easy pace. We will visit various ponds, marshes and coastal dunes in the park while observing various migratory birds by an accomplished birding expert. We will tour the Victorian town of Cape May or Cold Water Spring Village after the hike. Bring picnic type food to share at the tailgate social after the hike.

Bring binoculars and swimwear (if you dare). No children/no pets. Meet by 10:30 AM at Park parking lot. Take Garden St. Pky to Cape May bridge, cross Bridge and turn right onto County Rd. 606, Sunset Blvd, and then left onto Lighthouse Ave. or take Rte. 9 to County Rd. 626, cross bridge and follow directions above. Leaders: Paul Serdiuk 856-697-3870 eve. pis1@cccj.net Elise Spata and Tom Niegel. (W)

**APR 6 (Sun) Tulip Springs.** 6 miles at a moderate pace. Hike the South Mountain Reservation and see some of the many highlights this 2000-acre track has to offer including a 25-foot waterfall and a spectacular view of New York City and South Jersey. Children 9 years or older and dogs are welcome. Bring water and snacks. Meet 10 AM in the Tulip Springs parking lot just off Cherry lane that run between Northfield Avenue and South Orange Avenue in South Orange. Rain cancels. Leader: David Ogens (973) 226-7107, Bandit29@aol.com (E)

**APR 6 (Sun) Harriman State Park.** 5-6 hour hike (about 9-10 miles) at a moderate pace in Harriman State Park. This hike will loop past several lakes and a great viewpoint of the New York skyline (on a clear day). We'll take our lunch and afternoon snack breaks along the lakeshores. Hikers must pre-register. Group limited to 8 people. 9:30 AM start. Leader: Ellen Blumenkrantz, eblumenkrantz@hotmail.com, 201-784-8417 (N)

**APR 6 (Sun) Social Hike In Stokes State Forest.** We will hike eight miles primarily along the Kittatinny Ridge on the Appalachian Trail. Highlights include panoramic views from Sunrise Mountain and the Culver Fire Tower. Hiking boots are required and participants should be in very good condition. Meet BEFORE 10 AM at the park office off Rte. 206. Proceed north on Rte. 206 past Branchville and Culvers Lake. Turn right into Stokes State Forest into the park office parking area. Rain cancels. Leader: Steve Ember, sehiker@yahoo.com (RV)

**APR 12 (Sat) Singles Hike Bull's Island.** 7 miles, easy pace. We will do a loop and lunch hike. Hike on one side of the Delaware, we stop for lunch in a small restaurant in Stockton, and then finish hiking on opposite side of River. No children/no pets. Call leader for carpool/caravan availability or meet at 10:00 am at second parking lot past footbridge over river, Bulls Island SP on Rte. 29, 6 miles N. of Rte. 202 bridge. Leader: Paul Serdiuk 856-697-3870 eve. pis1@cccj.net (W)

**APR 12 (Sat) Recycle a House - Volunteer Activity.** We will help Habitat for Humanity rebuild a row home. This is a way to give back to the community and create a positive image for the club. Bring lunch, water and boots. Meet 8 AM at the rear parking lot at the Hilton Hotel, Rte. 70, Cherry Hill. Leader: Tom J., 856-234-9369. Call in advance if possible so we know how many to expect. (W)

**APR 13 (Sun) Fifteenth Anniversary Hike in Harriman State Park.** This event is my fifteenth anniversary of leading outings for Sierra Club. We will hike eight miles at a moderate pace along various trails. Highlights include several viewpoints and beautiful Pine Meadow Lake. Hiking boots are recommended. Meet BY 10 AM at the Visitors Center on Seven Lakes Drive. Drive north on the Garden State Parkway (or Rte. 287 North) and take the Rte. 17 exit. Proceed north on Rte. 17 into New York. Immediately after the town of Sloatsburg, turn right on Seven Lakes Drive. The Visitors Center is less than two miles up Seven Lakes Drive. Rain cancels. Leader: Steve Ember, sehiker@yahoo.com (RV)

**APR 13 (Sun) Wells Mills County Park.** A 6-7 mile hike over mostly flat to rolling terrain. Bring water, hiking boots or good walking shoes. Meet at the park Visitor's Center at 10 AM. Inclement weather cancels. Take GSP northbound, exit 69 (Rte. 532), turn left (west), proceed 2.5 miles to park entrance on left. From GSP southbound, exit 67, (Chatsworth), turn right on West Bay Ave. (Rte. 554) for about 5 miles to Rte. 72. West on 72 a short distance to Rte. 532 east. Turn right and proceed 3.8 miles to park entrance on right. Leader: Fritz Schwager (732) 708-1181 (JS)

**APR 13 (Sun) Tyler State Park, PA.** Hike at moderate pace for about 5 miles, hilly. Meet at covered bridge parking lot. Take Newtown exit off of Rte. 95 South and continue right onto Newtown bypass. This becomes Rte. 413. Continue for several miles until it becomes Swamp Rd. Pass main entrance to park and Bucks Co. College. The next dirt road on left is the meeting place. Hike offers fields, forests, old homes, and good views. Meet at 10 AM. Leader: Ken Mayberg, kjmayberg@aol.com or (609) 443-9138 for questions. (C)

**APR 19 (Sat) Singles Earth Day Hike and Cleanup at Eagle Rock Reservation.** We will hike 3-4 miles at a moderate pace and clean up as we go. Bring water, snacks and wear hiking boots. Rain cancels. Meet before 10 AM at the Highlawn Pavilion Parking lot off Eagle Rock Avenue in West Orange. Take Rte. 280 to Prospect Avenue (Exit 8B). Go north, right turn onto Eagle Rock Avenue, left turn into reservation. All participants must sign a liability waiver. Work gloves will be provided. Leader: Ron Pate (973) 364-7573 option #2 (E)

**APR 19 (Sat) Social Hike in Palisades Interstate Park.** Join us for a strenuous 4-5 mile hike at a moderate pace as you enjoy the majestic views of the Palisades. Highlights include Peanut Leap Falls & the Giant Steps. Hiking boots over the ankles are required and participants must be in good condition. Bring lunch or snack & 2 quarts of water. Meet before 10:30 AM at the State Line parking lot off Palisades Parkway. Take the NJ Turnpike north toward George Washington Bridge. When Turnpike divides, bear RIGHT (spur that forks right). Then stay in left lane, following signs for local NJ exits as you head toward the George Washington Bridge and go thru tollbooths. Take Exit 72 for Fort Lee/Palisades Parkway. At first light go left onto Fletcher Ave. (9W). Get into right lane & follow Fletcher Ave. for short distance and bear right onto Palisades Parkway. Then take State Line Lookout exit, just past Exit 2. Follow road a short distance to parking area near Lookout Inn. Meet group at the snack bar. Leader: Joyce White at (908) 272-4478 or e-mail joyce00201@yahoo.com (L)

**APR 19 (Sat) Harriman State Park.** 6-7 hour hike (about 10-12 miles) at a moderate pace in Harriman State Park. Starting at Anthony Wayne parking lot we'll hike over the Timp to great viewpoints of the park and the Hudson. Hikers must pre-register. Group limited to 8 people. 10 AM start. Leader: Ellen Blumenkrantz, eblumenkrantz@hotmail.com, 201-784-8417 (N)

**APR 19 (Sat) Singles Moonlight Hike and Campfire.** 6 miles moderate pace. Hike the Pines under the Pink Moon and return to a campfire. Overnight camping available. Bring picnic type food to share at tailgate social after hike. Meet at 7:30 PM at Atsion Lake, Burl. Co., From Rte. 206 take Atsion Rd. west 2 miles, go past Goshen Pond Group site sign, take next road on left, look for OCSJ follow dirt road to open field. Leader: Paul Serdiuk 856-697-3870 eve. pis1@cccj.net (W)

**APR 26 (Sat) Blauvelt Parks: Piermont-South Nyack.** Strenuous 10 miles. Visit Rockland Cemetery, an old Nike base and an abandoned National Guard rifle range. Bring hiking boots, lunch, 2 quarts of water. Joint with AMC. Take Rte. 9W to Piermont NY. Meet in front of 450 Piermont Ave. (building with mural) by 10:15 AM. You can take the 9:15 Rockland Coaches 9A bus from the Port Authority terminal to meet Leader in Piermont by 10:15. LP out, return via abandoned RR. Leader John P. Jurasek 845-365-3618 (no calls past 10 PM) or Jurasek@optonline.net (ACOC)

**APR 27 (Sun) Singles Hike in Watchung Reservation.** This is a singles-oriented activity; however, anyone who is adequately prepared is welcome except children under the age of 18. Well-behaved dogs are allowed. We will be hiking mostly on the sierra trail, about 7 miles of hills & level terrain at a moderate pace. Highlights include pine plantation & Deserted Village. Wear hiking boots, bring lunch or snack & 2 quarts of water and all participants should be in good condition. Meet before 10:30 AM at the Trailside Nature Center parking lot. Take Rte. 78 west to exit 43 (New Providence/Berkeley Hts.) At light turn right onto McMane Ave. Then turn left onto Glenside Avenue. Drive about 1 mile, turn right onto Rte. 645 and pass Lake Surprise. At traffic circle, take first right and proceed 1/2 mile to Trailside. OR Take Rte. 78 east to exit 44, turn left at the light onto Glenside Ave. Then follow directions above. Rain cancels. Leader: Patrick Montague (973)364-7573 (option # 6) zookeeper108@aol.com (E)

**APR 27 (Sun) Social Hike in Harriman State Park.** We will hike seven miles at a moderate pace partially on the Appalachian Trail. Highlights include excellent views and the famous Lemon Squeezer. Hiking boots are recommended. Meet BY 10 AM at the Lake Tiorati Circle on Seven Lakes Drive. Drive north on the Garden State Parkway (or Rte. 287 North) and take the Rte. 17 exit. Proceed north on Rte. 17 into New York. Immediately after the town of Sloatsburg, turn right on Seven Lakes Drive. The Lake Tiorati Circle is about eleven miles up Seven Lakes Drive. Rain cancels. Leader: Steve Ember, sehiker@yahoo.com (RV)

Have you enjoyed an outing lately?